

## Utilizing School District In-Home Parent Training Services

*Those who wish to explore the option of services through the school district may use the following handy checklist regarding the steps to follow. Keep a copy of this checklist to use again, as this process to request services is repeated each school year.*

- 1. Contact school diagnostician\* to request an ARD. (**Name:**\_\_\_\_\_)
- 2. Other ARD committee members will be contacted, and an ARD will be scheduled.
- 3. You'll be contacted with the ARD date/time, and required to submit notice of your intent to attend. Be sure to sign and return the ARD meeting notice. (**Notice returned?**  Yes)  
(**Meeting date:**\_\_\_/\_\_\_/\_\_\_ **Time:** \_\_\_:\_\_\_)
- 4. At the ARD, you will formally request an evaluation, and discuss in-home parent training services.
- 5. After the ARD, the trainer will contact you to schedule the initial evaluation, to determine eligibility for the district-funded service.  
(**Evaluation date:**\_\_\_/\_\_\_/\_\_\_ **Time:** \_\_\_:\_\_\_)
- 6. Another ARD will be scheduled, and a notice of ARD meeting sent to be signed and returned to the school. (**Meeting date:**\_\_\_/\_\_\_/\_\_\_ **Time:** \_\_\_:\_\_\_)
- 7. At the second ARD you will learn if your child meets eligibility criteria for services.  
(**Eligible?**  Yes  No)
- 8. If eligibility is not confirmed, services are declined. (**Services provided?**  Yes  No)
- 9. If confirmed, the number of approved sessions is communicated, and the trainer contacts the parents. (**# of sessions:** \_\_\_\_\_)
- 10. An approved number of sessions are scheduled as required.  

<b>Date/time:</b> _____	<b>Date/time:</b> _____
<b>Date/time:</b> _____	<b>Date/time:</b> _____
- 11. Sessions are executed, typically one per month or as availability permits, until exhausted.
- 12. Sessions include trainer paperwork documenting goals and progress over the sessions.
- 13. Paperwork, whether approved and scheduled or denied, is retained in the student's school records for the following school year.

*\* Not all Diagnosticians work at one school full time.  
Please keep this in mind when anticipating a return call.*





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It isn't unusual for the process to begin in the fall (for instance), and stretch until the end of the school year, so please be patient as your ARDs and evaluations are scheduled.

For some parents, the public school district timeframe and scope of service is satisfactory. Other parents prefer to pay an affordable rate, and begin sessions immediately, without being concerned with the possibility that services may be restrictive or possibly denied completely.

Aspie Friendly is a company which offers In-Home Parent Training on a private basis in certain areas within Texas\*\*. The hourly rate for Aspie Friendly in-home parent training services is affordable, and sessions can usually begin within days after Aspie Friendly is contacted. Sessions are designed in such a way that the cost of the training session is extremely cost-effective.

Contact Lorin Neikirk at 281-706-0421 at Aspie Friendly if you have any questions about this process, or if you have other questions. Aspie Friendly's hourly rate as of 7/2010 is \$45 and is payable by cash, check, most major credit cards, debit, PayPal or money order. For easy online scheduling, please visit [www.AspieFriendly.org](http://www.AspieFriendly.org).

\*\*Locations include:

**Cy-Fair**

**Cypress**

Dallas metroplex

**Fairfield**

Frisco

**Houston areas**

**Katy**

**Lake Conroe**

**Magnolia**

**Montgomery**

Plano

Richardson

**Spring**

**Sugar Land**

**The Woodlands**

**Tomball**

**Willis**

Areas *not in bold* require slightly more notice for scheduling.



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